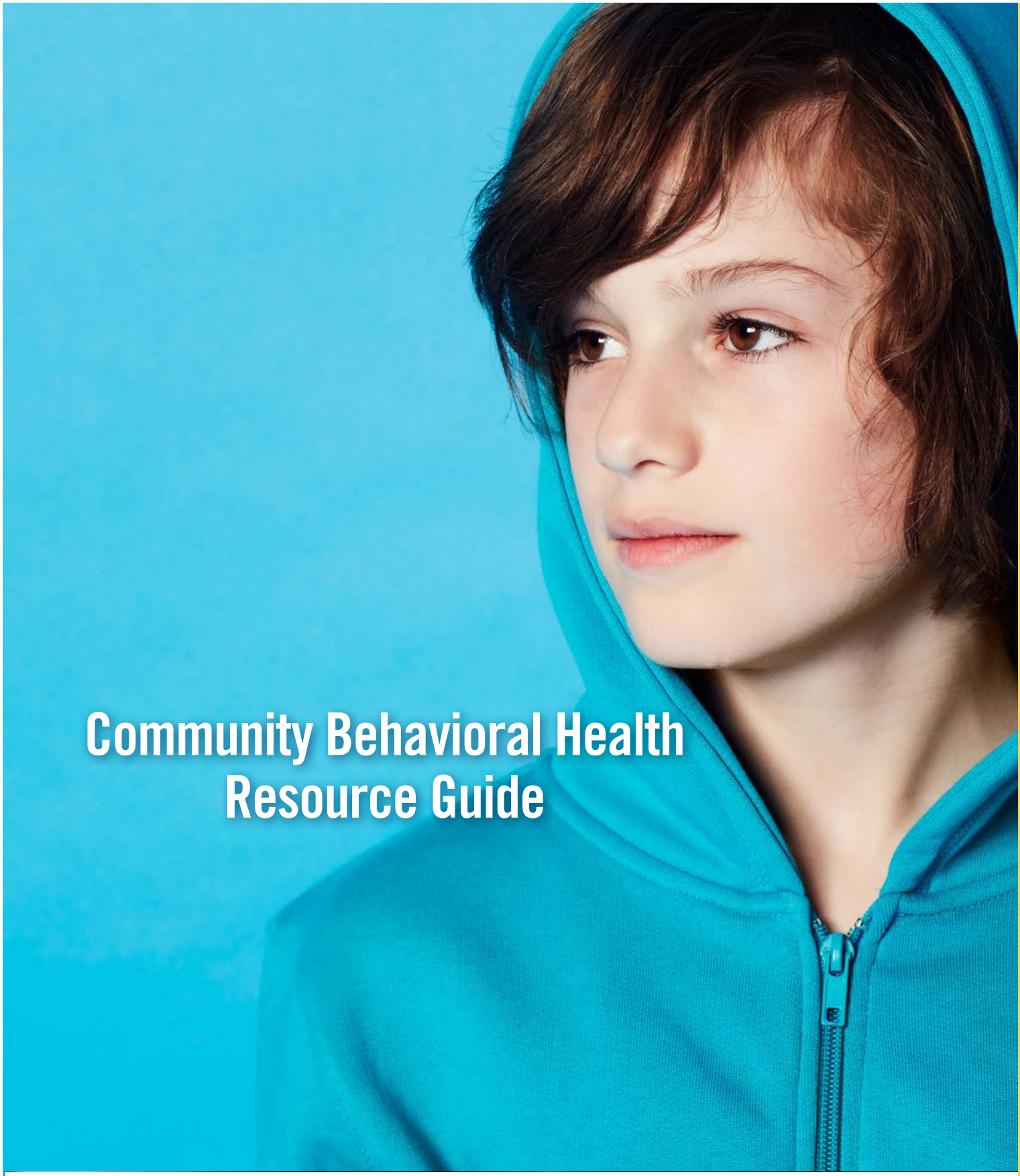


Community Behavioral Health Resource Guide

Nemours Children's Health System

KOHL'S cares

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When your child has a behavioral health issue or emergency, you are your child's strongest advocate — you know your child best. But it can be hard to figure out where to start looking for help. That's why we created this guide for parents like you, as well as for health care professionals. Although this guide isn't a complete list of all resources in the area*, it can serve as a quick reference if you're looking for crisis and outpatient behavioral health therapy providers for kids and teens in Delaware and southeast Pennsylvania.

The agencies in this guide have providers trained in a collection of treatment and prevention methods, called "evidence-based practices." That means the therapy they use is based on evidence gathered from scientific studies, evaluations, and approaches shown, over time, to work best.

As you start your journey to get help for your family, know that you don't have to go through this alone. We all need support during challenging times.

**This list provides community resources that may be available to you. The agencies are not affiliated with or endorsed by Nemours.*

CRISIS RESOURCES

If your child is experiencing a behavioral health emergency, please contact the following crisis services in your area or call 911.

Delaware Statewide Crisis Hotline

(800) 969-4357

Maryland Statewide Crisis Hotline

(800) 422-0009

New Jersey Crisis Hotline PerformCare

(877) 652-7624

Pennsylvania Crisis by County

- **Berks County:** (877) 236-4600
- **Bucks County:** (800) 499-7455
- **Chester County:** (877) 918-2100
- **Delaware County:** (855) 889-7827
- **Montgomery County:** (610) 279-6100
- **Philadelphia County**
  - **Philadelphia Mobile Crisis:** (215) 685-6440
  - **Philadelphia Children's Crisis Response Center:** (215) 878-2600

National Suicide Prevention Lifeline

(800) 273-8255

Outpatient Services

DELAWARE

Kent County

Delaware Guidance Services
103 Mont Blanc Blvd.
Dover, DE 19904
Phone: (302) 678-3020
Fax: (302) 678-2458
delawareguidance.org

Mental Edge Counseling
1058 S. Governors Ave.
Suite 102
Dover, DE 19904
Phone: (302) 382-8698
Fax: (302) 269-3800
mentaledgecounseling.com

People's Place
32 S. Main St.
Smyrna, DE 19977
Phone: (302) 653-2341
Fax: (302) 422-0701
peoplesplace2.com/programs-services/counseling-centers

People's Place
1131 Airport Road
Milford, DE 19963
Phone: (302) 422-8026
Fax: (302) 422-0701
peoplesplace2.com/programs-services/counseling-centers

New Castle County

Aquila of Delaware
Aquila Wilmington
1812 Newport Gap Pike
Wilmington, DE 19808
Phone: (302) 999-1106
aquilaofde.com

A Window to Wellness
700 Barksdale Road
Suite 6
Newark, DE 19711
Phone: (302) 294-6950
Fax: (302) 533-5246
awindowtowellness.com

Delaware Guidance Services
1213 Delaware Ave.
Wilmington, DE 19806
Phone: (302) 652-3948
Fax: (302) 652-8297
delawareguidance.org

Delaware Guidance Services
261 Chapman Road
Suite 102
Newark, DE 19702
Phone: (302) 455-9333
Fax: (302) 455-9544
delawareguidance.org

Ebright Collaborative Group
607 W. 18th St.
Wilmington, DE 19802
Phone: (302) 888-2233
Fax: (302) 888-2235
ebrightcollaborative.com

Family Counseling Center of St. Paul's
301 N Van Buren St.
Wilmington, DE 19805
Phone: (302) 576-4136
Fax: (302) 502-0456
stpaulscounseling.org

Jewish Family Services
99 Passmore Road
Wilmington, DE 19803
Phone: (302) 478-9411
jfsdelaware.org/counseling

Jewish Family Services
288 E. Main St.
Newark, DE 19711
Phone: (302) 478-9411
jfsdelaware.org/counseling

Mid-Atlantic Behavioral Health
910 S. Chapel St.
Suite 102
Newark, DE 19713
Phone: (302) 224-1400
midatlanticbh.com

Mid-Atlantic Behavioral Health
3521 Silverside Road
Suite 2F1
Quillen Building
Wilmington, DE 19810
Phone: (302) 224-1400
midatlanticbh.com

Mid-Atlantic Behavioral Health
300 Biddle Ave.
Suite 207
Connor Building
Newark, DE 19702
Phone: (302) 224-1400
midatlanticbh.com

Norman Broudy, MD & Associates
825 Washington St.
Wilmington, DE 19801
Phone: (302) 655-7110
Fax: (302) 655-6185
broudyassoc.com

Thriveworks Counseling
805 Library Ave.
Suite 104
Newark, DE 19711
Phone: (302) 724-6662
thriveworks.com/newark-therapy

University of Delaware
The Psychological Services Center University of Delaware
203 W. Main St.
Newark, DE 19716
Phone: (302) 831-2717
psych.udel.edu/clinic/about-the-clinic

Sussex County

Aquila of Delaware
Aquila Georgetown
20093 Office Circle, Unit 207
Georgetown Professional Park
Georgetown, DE 19947
Phone: (302) 856-9746
aquilaofde.com

Delaware Guidance Services
31168 Learning Lane
Lewes, DE 19958
Phone: (302) 645-5338
Fax: (302) 644-4976
delawareguidance.org

Delaware Guidance Services
900 Health Services Drive
Seaford, DE 19973
Phone: (302) 262-3505
Fax: (302) 262-3507
delawareguidance.org

Jewish Family Services
20684 John J. Williams Highway
Suite 4
Lewes, DE 19958
Phone: (302) 478-9411
jfsdelaware.org/counseling

La Red Health Center
1 Sussex Ave.
Milford, DE 19963
Phone: (302) 855-1233
laredhealthcenter.org

People's Place
30265 Commerce Drive
Suite 201
Millsboro, DE 19966
Phone: (302) 934-0300
Fax: (302) 422-0701
peoplesplace2.com/programs-services/counseling-centers

People's Place
350 Virginia Ave.
Seaford, DE 19973
Phone: (302) 422-8026
Fax: (302) 422-0701
peoplesplace2.com/programs-services/counseling-centers

PENNSYLVANIA

Berks County

Springfield Psychological
2909 Windmill Road
Sinking Spring, PA 19608
Phone: (610) 544-2110
springpsych.com

Chester County

Child Guidance Resource Center
744 E. Lincoln Highway
Coatesville, PA 19320
Phone: (610) 383-5635
Fax: (484) 454-8706
cgrc.org

Cornerstone Therapy and Wellness
639 Swedesford Road
Malvern, PA 19355
Phone: (610) 616-5935
Fax: (484) 318-7166
cornerstonetherapy.com

West Chester University Community Mental Health Services
Wayne Hall, 8th Floor
125 W. Rosedale Ave.
West Chester, PA 19383
Phone: (610) 436-2510
wcupa.edu/sciences-mathematics/psychology/psyD/mentalHealthServices

Delaware County

Child Guidance Resource Center
2000 Old West Chester Pike
Havertown, PA 19083
Phone: (484) 454-8700
Fax: (484) 454-8706
cgrc.org

Cornerstone Therapy and Wellness
996 Old Eagle School Road
Suite 1105
Wayne, PA 19087
Phone: (610) 616-5935
Fax: (484) 318-7166
cornerstonetherapy.com

Springfield Psychological
1489 Baltimore Pike
Building 200, Suite 250
Springfield, PA 19064
Phone: (610) 544-2110
springpsych.com

Springfield Psychological
920 West Chester Pike
Havertown, PA 19083
Phone: (610) 544-2110
springpsych.com

Montgomery County

Springfield Psychological
1120 Welsh Road
Suite 120
North Wales, PA 19454
Phone: (610) 544-2110
springpsych.com

Springfield Psychological
491 Allendale Road
Suite 320
King of Prussia, PA 19406
Phone: (610) 544-2110
springpsych.com

Philadelphia County

The Psychological Services Center at Temple University
1509 Cecil B. Moore Ave.
E.C.E.C. Building
Room 420
Philadelphia, PA 19121
Phone: (215) 204-7100
sites.temple.edu/psc