

INCLUSION CRITERIA

- Closed femoral shaft fracture.

EXCLUSION CRITERIA

- Polytraumas to other extremities, trunk, or head.
- Underlying malignancies, metabolic bone or neuromuscular disease.
- Acute or chronic skin or bone infections.
- Open fractures.

MEASURES

- ED arrival to OR arrival within 18-hours.
- Percent of patients who receive a narcotic prescription for closed reduction pain management at discharge.
- Hospital length of stay.
- 30-day returns to ED.
- 30-day readmissions.

OPEN FRACTURE

- Refer to open fracture protocol.

¹ SCREENING FOR NON-ACCIDENTAL TRAUMA

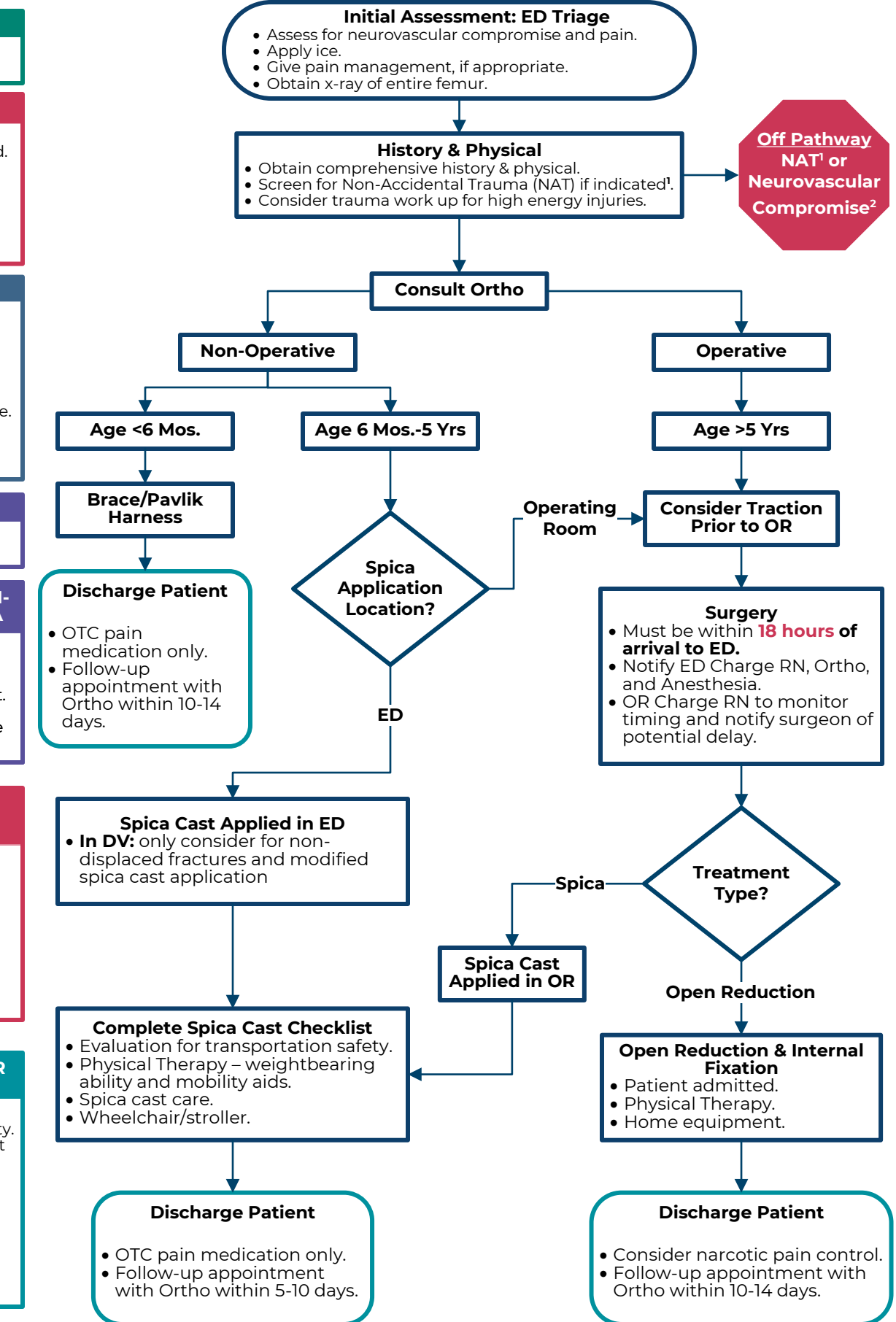
- If there are concerns based on history and physical exam, consider:
- CARE/Social Work consult.
 - Skeletal survey.
 - Suspected Physical Abuse pathway.

² Neurovascular Compromise

- Concern for neurovascular compromise, consider urgent OR add on.
- Dysvascular limb, if Vascular Surgery is not available, consider transfer to outside facility.

CONSIDERATIONS FOR ADMISSION

- Open treatment.
- Neurovascular abnormality.
- Concern for compartment syndrome.
- Concern for NAT.
- Concerning high-risk condition for anesthesia.
- Social factors.
- Physical Therapy evaluations.
- Equipment & Spica cast training.



Disclaimer: The clinical pathways are based upon publicly available medical evidence and/or a consensus of medical practitioners at Nemours Children's Health ("Nemours") and are current at the time of publication. These clinical pathways are intended to be a guide for practitioners and may need to be adapted for each specific patient based on the practitioner's professional judgment, consideration of any unique circumstances, the needs of each patient and their family, and/or the availability of various resources at the health care institution where the patient is located.

VERSION MANAGEMENT

- Version 1.0 (4/29/2025): Go Live.
- Version 1.1 (8/10/2026): Updated wording in Neurovascular Compromise Box to reflect the availability of in-house Vascular Surgery services in the Delaware Valley region. "Dysvascular Limb, if Vascular Surgery is not available, consider transfer to outside facility".

Questions about this pathway should be directed to clinicalpathways@nemours.org.

AUTHORS & REFERENCES

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